



## Postpartum Doula Support Pricing

Daytime Rates & Info	Overnight Rates & Info
<ul style="list-style-type: none"> <li>• \$25/hr (minimum 3 hours)</li> <li>• 5:00p.m.-10:00p.m.</li> <li>• First 1 hour with postpartum doula will be a needs assessment</li> <li>• One-time \$100 retainer fee</li> </ul>	<ul style="list-style-type: none"> <li>• \$35/hr (minimum 3 hours)</li> <li>• 10:00p.m.-6:00a.m. (Fri, Sat overnight preferred)</li> <li>• First 1 hour with postpartum doula will be a needs assessment</li> <li>• One-time \$100 retainer fee</li> </ul>
<b>Postpartum Support Options Included:</b>	
<ul style="list-style-type: none"> <li>• Light household support ex-(baby related laundry, wash and sanitize bottle and/or pump parts, tidying, etc)</li> <li>• Basic newborn care ex-(diapering, swaddling, soothing, bathing,etc)</li> <li>• Parent support &amp; education (breastfeeding basics and referral, formula prep, family sleep hygiene, etc)</li> <li>• Babybonding</li> </ul>	

### How To Book Postpartum Doula Services

1. Establish dates and times for services based on inquiry
2. Sign contract and pay non-refundable \$100 retainer fee
3. Pay 50% of agreed up services at or before first appointment
4. Enjoy extra support!
5. Final 50% due at conclusion of last appointment

### Add Ons

Meal Prep - you purchase the ingredients, let me cook the meal!	\$10 per person per meal
Errands (Picking Up Pre-purchased Items)	\$30 (adding \$0.65/ mile after 20 miles)



### **Pricing Examples**

<p><b>As a family you decide you want 3, 3hr session 2 daytime, 1 overnight.</b></p> <p>Non-refundable retainer fee- \$100 6 hrs * \$25 = \$150 3 hrs * \$35= \$105</p> <p>Total \$355</p> <p>Non-refundable retainer fee- \$100 Payment due at time of signing is \$127.50 Remaining amount due at end of services.</p>	<p><b>As a family you decide you want 2, 3 hr daytime sessions plus a meal add on.</b></p> <p>There are 2 adults in your home.</p> <p>Non-refundable retainer fee- \$100</p> <p>6 * \$25= \$150 +\$20 meal prep charge</p> <p>Total \$270</p> <p>Non-refundable retainer fee- \$100 Deposit due at time of signing is \$85.00 Remaining amount due at end of services.</p>
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***\*\*Rates are subject to change without notice unless established by current contract\*\****